



Ephesians 6:13-17

Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the belt of truth and the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.



**YOU DON'T PUT ON THE ARMOR
OF GOD AFTER THE ATTACK.
YOU PUT IT ON BEFORE YOUR
FEET HIT THE FLOOR.**

THE BELT OF TRUTH

Ephesians 6:14

*Stand your ground, putting on
the belt of truth*

HOW DO WE DO THIS?

I AM LOVED

Romans 8:38–39

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

HOW DO WE DO THIS?

I AM FORGIVEN

1 John 1:9

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

HOW DO WE DO THIS?

I AM VICTORIOUS THROUGH CHRIST

Romans 8:37

No, despite all these things, overwhelming victory is ours through Christ, who loved us.

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TRUTH ISN'T JUST SOMETHING
YOU BELIEVE—IT'S SOMETHING
YOU WEAR.

THE BODY ARMOR OF RIGHTEOUSNESS

Ephesians 6:14

*Stand your ground, putting on
the belt of truth and the body
armor of God's righteousness.*



**WHEN YOU LIVE COMPROMISED,
YOU LEAVE YOUR HEART
EXPOSED.**

**WHEN YOU LIVE GOD'S WAY, THE
ENEMY'S ARROWS BOUNCE OFF.**



**RIGHTEOUSNESS GUARDS YOUR
HEART FROM SPIRITUAL
BULLETS—GUILT, SHAME,
COMPROMISE, BITTERNESS.**

HOW DO WE DO THIS?

WHEN SOMEONE WRONGS YOU, RIGHTEOUSNESS HELPS YOU RESPOND WITH GRACE INSTEAD OF REVENGE.

WHEN TEMPTATION KNOCKS, RIGHTEOUSNESS STRENGTHENS YOUR "NO."

WHEN THE ENEMY ACCUSES YOU, RIGHTEOUSNESS REMINDS YOU THAT CHRIST ALREADY PAID THE PRICE.

THE SHOES OF THE GOSPEL OF PEACE

Ephesians 6:15

For shoes, put on the peace that comes from the Good News so that you will be fully prepared.

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PEACE GIVES YOU GRIP IN A
ROCKY WORLD.

HOW DO WE DO THIS?

BEGIN EACH DAY REMINDING YOURSELF OF THE PEACE YOU HAVE
THROUGH JESUS

Romans 5:1

*Therefore, since we have been made right in God's sight
by faith, we have peace with God because of what Jesus
Christ our Lord has done for us.*

HOW DO WE DO THIS?

**LOOK FOR OPPORTUNITIES TO SHARE THAT PEACE — A KIND WORD,
FORGIVENESS OFFERED, LISTENING TO SOMEONE HURTING.**

1 Thessalonians 5:11

***So encourage each other and build each other
up, just as you are already doing.***

HOW DO WE DO THIS?

WHEN ANXIETY ATTACKS, PLANT YOUR FEET IN THE GOSPEL

Romans 8:39

No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.



PEACE ISN'T THE ABSENCE OF
TROUBLE—IT'S THE PRESENCE OF
GOD IN THE MIDDLE OF IT.

THE SHIELD OF FAITH

Ephesians 6:16

***In addition to all of these, hold up
the shield of faith to stop the fiery
arrows of the devil.***



**FAITH ISN'T A FEELING; IT'S A
SHIELD YOU TAKE UP. IT IS THE
ACTIVE CHOICE TO TRUST GOD'S
CHARACTER WHEN THE
CIRCUMSTANCES LOOK BLEAK.**



**FAITH DOESN'T PREVENT ARROWS
— IT EXTINGUISHES THEM BEFORE
THEY CAN BURN.**

HOW DO WE DO THIS?

WHEN FEAR SAYS, "THIS WILL NEVER WORK," FAITH SAYS, "WITH GOD ALL THINGS ARE POSSIBLE."

WHEN DISCOURAGEMENT HITS, FAITH SAYS, "GOD IS STILL WORKING."

WHEN THE ENEMY WHISPERS, "GIVE UP," FAITH SAYS, "STAND FIRM."

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**FAITH DOESN'T REMOVE THE
FIRE—IT KEEPS IT FROM
CONSUMING YOU.**

THE HELMET OF SALVATION

Ephesians 6:17

*Put on salvation as your helmet,
and take the sword of the Spirit,
which is the word of God.*



WHEN YOUR MIND STARTS TO
SPIRAL INTO "WHAT-IFS," PULL
THAT HELMET DOWN TIGHT.

HOW DO WE DO THIS?

WHEN YOUR MIND SPIRALS, SALVATION REMINDS YOU WHO YOU BELONG TO.

WHEN THE ENEMY SAYS, "YOU'RE A FAILURE," SALVATION SAYS, "YOU'RE REDEEMED."

WHEN DOUBT ATTACKS, SALVATION SAYS, "YOU ARE SECURE IN CHRIST."

THE SWORD OF THE SPIRIT

Ephesians 6:17

*Put on salvation as your helmet,
and take the sword of the Spirit,
which is the word of God.*

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HE USED SCRIPTURE AS A
SWORD.

HOW DO WE DO THIS?

WHEN TEMPTATION COMES, SPEAK THE WORD.

James 4:7

So humble yourselves before God. Resist the devil, and he will flee from you.

HOW DO WE DO THIS?

WHEN FEAR RISES, SPEAK THE WORD.

Psalms 46:1

*God is our refuge and strength, always
ready to help in times of trouble.*

HOW DO WE DO THIS?

WHEN DISCOURAGEMENT HITS, SPEAK THE WORD.

Romans 8:37

No, despite all these things, overwhelming victory is ours through Christ, who loved us.



THE WORD DOESN'T JUST
COMFORT YOU—IT CUTS THE
ENEMY'S LIES TO PIECES.

WHEN YOU WEAR THE ARMOR:

TRUTH HOLDS YOU TOGETHER
RIGHTEOUSNESS GUARDS YOUR
HEART
PEACE STEADIES YOUR STEPS

FAITH SHIELDS YOU
SALVATION PROTECTS YOUR
MIND
THE WORD EMPOWERS YOU TO
FIGHT



**YOU ARE NOT WALKING INTO BATTLE
UNPREPARED.**

**YOU ARE WALKING IN FULLY EQUIPPED,
FULLY COVERED, AND FULLY
VICTORIOUS THROUGH CHRIST.**